CHARACTERS



MUSIC TEACHER

Quiet and shy. He contemplates life and his surroundings, but doesn't like attention to himself.



FRIEND

He likes to be needed. Helping others helps to increase their self-esteem.

Nosy and joking. He is always with

different people. He doesn't have



YOUTH WORKER

NEWCOMER

any prejudices.

Empathetic and able to listen to others, always ready to help. She is young and accessible.



COUNSELOR

She is always willing to listen and to give an advice. She is a professional and works in the school full time.



CLASSMATE

Cheerful, crazy. She loves to be in the center of attention and to inlcude everyone in the group.



TOOLS



It can be an inspiring novel, a self-help book, a book about emotions...

DROP-BOX



To send positive messages in a class (anonymous or not).



To have a conversation, to offer



AWARENESS WORKSHOP

help, to understand the situation.

To put ourselves in the position of others who suffer exclusion. To understand

SELF-ESTEEM WORKSHOP

our



To increase and gain selfesteem, understand emotions, overcome our fears.



MOBILE PHONE To be included in a group, to

SIEP 2.0



A group of methodologies which include role-playing, theatre, educational pills and gamification.